Phase 1 Case Management Session

Checklist - Sessions 2-5

Before Resident Arrives

Resident Name:			Case Manager Nan	ne:	Individual Therapist Name:	
Provider Name:		_ Current Program: ☐ PHP ☐ IOP ☐ UNITE eligible				
Scheduled Case Mana	ger Sess	ions				
Phase one should last are	ound 30 da	ays. Schedule	e four to five case mar	nagement sessions.		
Phase 1 Session 2:	/	/	:			
Phase 1 Session 3:	/	/	::			
Phase 1 Session 4:	/	/	::	□ A. M. □ P. M.		
Phase 1 Session 5:	/	/	::			

Phase 1 Session 2	Phase 1 Session 3 Complete	Phase 1 Session 4 🛛 Complete	Phase 1 Session 5 (if needed)
Phone number in OPM:	Phone number in OPM:	Phone number in OPM:	Phone number in OPM:
()	()	()	()
Projected Discharge Date	Projected Discharge Date	Projected Discharge Date	Projected Discharge Date
(from last session):	(from last session):	(from last session):	(from last session):
//	//	//	//
Groups missed since last session:	Groups missed since last session:	Groups missed since last session:	Groups missed since last session:
New Projected Discharge Date	New Projected Discharge Date	New Projected Discharge Date	New Projected Discharge Date
(if applicable):	(if applicable):	(if applicable):	(if applicable):
//	//	//	//
Exit Interview Date (update with discharge date)://	Exit Interview Date (update with discharge date)://	Exit Interview Date (update with discharge date):///	Exit Interview Date (update with discharge date):///

Missed appointments:	Missed appointments:	Missed appointments: therapist IH provider case manager no missed appointments	Missed appointments: therapist IH provider case manager no missed appointments			
Next Rent Payment Due:/ Amount*: \$	Next Rent Payment Due:// Amount*: \$	Next Rent Payment Due: / / Amount*: \$	Next Rent Payment Due:// Amount*: \$			
*First payment is \$280. Subsequent payments are \$140/week.						

With the Resident

Phase 1 Session 2	Phase 1 Session 3	Phase 1 Session 4 🔳 Complete	Phase 1 Session 5 (if needed)
Meeting date and time: / / : _ A. M. P. M.	Meeting date and time: / / :	Meeting date and time: / / :	Meeting date and time: / / : □ A. M. □ P. M.
□ verified phone number corrected phone number (if applicable)	verified phone number corrected phone number (if applicable)	☐ verified phone number corrected phone number (if applicable)	rerified phone number corrected phone number (if applicable)
☐ discussed any missed appointments/groups			
□ verified upcoming appointments □ appointments okay □ changes needed □ details:	□ verified upcoming appointments □ appointments okay □ changes needed □ details:	□ verified upcoming appointments □ appointments okay □ changes needed □ details:	□ verified upcoming appointments □ appointments okay □ changes needed □ details:

discussed next rent payment due and	☐ discussed next rent payment due and	discussed next rent payment due and	discussed next rent payment due and
any delinquencies	any delinquencies	any delinquencies	any delinquencies
☐ payment plan needed	☐ payment plan needed	☐ payment plan needed	payment plan needed

Phase Program

The following are action steps for Phase 1 (page three of the packet).

Action Step	Deadline	Discussed	Completed	Notes	Additional Requirements
Discussed Recovery Capital Assessment	Session 2	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5		Should have been completed after the initial session.
Discussed Recovery Capital-Based Plan	Session 2	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	Session 2 Session 3 Session 4 Session 5		Should have been completed after the initial session. Review and update at every session.
Applications	Session 2	Session 2 Session 3 Session 4 Session 5	Session 2 Session 3 Session 4 Session 5		☐ driver's license ☐ Social Security card ☐ food stamps ☐ insurance (health/auto) ☐ bank account ☐ phone and email account
Created Daily Schedule	Session 2	Session 2 Session 3 Session 4 Session 5	Session 2 Session 3 Session 4 Session 5		Scan to their chart in the EMR.

Found Temporary Sponsor	Ongoing	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	
Created Support List	Session 3	☐ Session 2 ☐ Session 3	☐ Session 2 ☐ Session 3	Should be a variety of people; not just Sober Living residents.
Attend Meetings (If not meeting this requirement, redirect the resident and document the conversation.)	Ongoing	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	Session 2 Session 3 Session 4 Session 5	Provide the resident with options: PHP: 2 meetings/week IOP: 3 meetings/week
Engaged in Recovery Community	Ongoing	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	Provide the resident with options. Resident should be able to share their experience of exploring a recovery fellowship.
Documented case manager sessions in packet	Ongoing	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	
Attend House Meetings (If not meeting this requirement, redirect the resident and document the conversation.)	Ongoing	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	Session 2 Session 3 Session 4 Session 5	one per week
Completed Chores (If not meeting this requirement, redirect the resident and document the conversation.)	Ongoing	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	

Finding Employment	Ongoing	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	☐ applied for three jobs	Employer:
Attended Monthly Gathering	Varies	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	☐ Session 2 ☐ Session 3 ☐ Session 4 ☐ Session 5	□ valid excuse for missing:	first Monday of the month
Completed Community Page in Phase Packet	Session 3	☐ Session 2 ☐ Session 3	☐ Session 2 ☐ Session 3		
Completed Relapse Prevention Plan	Session 4	☐ Session 4 ☐ Session 5	☐ Session 4 ☐ Session 5		
Completed "Build a Better Life" in Phase Packet	Session 4	☐ Session 4 ☐ Session 5	☐ Session 4 ☐ Session 5		

After the Session

Phase 1 Session 2	Phase 1 Session 3	Phase 1 Session 4	Phase 1 Session 5 (if needed)
☐ Documented session in DAP format (data, assessment, and plan).	☐ Documented session in DAP format (data, assessment, and plan).	☐ Documented session in DAP format (data, assessment, and plan).	☐ Documented session in DAP format (data, assessment, and plan).
☐ Updated any appointments, phone numbers, graduation dates, or any other changes in EMR/OPM/data sheets.	☐ Updated any appointments, phone numbers, graduation dates, or any other changes in EMR/OPM/data sheets.	☐ Updated any appointments, phone numbers, graduation dates, or any other changes in EMR/OPM/data sheets.	☐ Updated any appointments, phone numbers, graduation dates, or any other changes in EMR/OPM/data sheets.

Sign here and upload to the resident's chart when they complete the phase:	Date:	//	
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