

Residential Schedule



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30-8:00 A. M.	Wake up, Breakfast, Chores	Wake up, Breakfast, Chores	Wake up, Breakfast, Chores	Wake up, Breakfast, Chores	Wake up, Breakfast, Chores		
8:00-9:30 A. M.	Community/ Process Group	Community/ Process Group	Community/ Process Group	Community/ Process Group	Community/ Process Group	Wake up, Breakfast, Begin Deep Clean	Wake up, Breakfast, Chores
9:45-10:45 A. M.	Addiction Education	Addiction Education	Addiction Education	Addiction Education	Addiction Education	Community/ Meditation	Community/ Meditation
11:00-12:00 P. M.	Exercise Group	Exercise Group	Exercise Group	Exercise Group	Exercise Group	Deep Clean	Exploring Spirituality
12:30 P. M.	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 P. M.	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time
2:00 P. M.	Recovery Skills	Recovery Skills	Recovery Skills	Recovery Skills	Recovery Skills	Group Activity	Group Activity
3:00 P. M.	Recreation	Recreation	Recreation	Recreation	Recreation	Visitation	Visitation
4:00 P. M.	Free Time	Free Time	Free Time	Free Time	Free Time	Saturday Night Live	Free Time
5:00 P. M.	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:00 P. M.	Community Building	Community Building	Community Building	Community Building	Community Building	Saturday Night Live	Recreation
7:00 P. M.	12 Step Meeting	12 Step Meeting	Movie Night	12 Step Meeting	12 Step Meeting	Saturday Night Live	12 Step Meeting
8:30 P. M.	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group
9:00 P. M.	Curfew	Curfew	Curfew	Curfew	Free Time	Free Time	Curfew
10:00 P. M.	Lights Out	Lights Out	Lights Out	Lights Out	Curfew	Curfew	Lights Out
11:00 P. M.					Lights Out	Lights Out	