

Recovery Focus Plan

Recovery is a difficult journey. Success is part of the journey. So are mistakes. When patients begin to veer from the recovery path, this **Recovery Focus Plan** helps them get back on track.

What is Recovery Focus Plan?

1. how Intensive Health addresses non-compliance
2. the way we identify what may be causing non-compliance
3. how we help patients get back on track

Complete the Recovery Focus Plan by answering the questions below:

What behaviors do I need to improve?

1. _____

2. _____

3. _____

4. _____

You have identified what needs to change. Good work. It isn't easy to admit when we are headed in the wrong direction. Now, what are you going to do about it?

What are “action steps”?

4. specific objectives you decide to complete
5. behaviors and goals to help you meet your greater goals: graduation and sobriety
6. objectives with a due date

What action steps will I take?

Due date

1. _____ /_____/____
2. _____ /_____/____
3. _____ /_____/____
4. _____ /_____/____
5. _____ /_____/____

- I understand that I am subject to random drug screens.
- I understand that I am subject to random pill counts.
- I understand that if a drug screen or pill count is in noncompliance, I may be discharged from the program.
- I understand that if I fail to comply with this Recovery Focus Plan, I may be discharged from the program.
- I want to get back on track with my recovery and continued sobriety.

Patient Signature: _____ Date: ____/____/____

Intensive Health Team Member Signature: _____ Date: ____/____/____