Chore Sheet - Male



Please complete all chores by 8:00 A. M. or as scheduled.

Please initial below after you complete the chore. For all-day chores, please initial below to acknowledge your responsibility. You may be assigned more than one chore. If it's your chore, it's your responsibility all day.

Patient	Chore	Patient Initial	Staff Initial
	Chore Checker: ☐ Make sure all chores are signed off. ☐ Encourage, motivate, and inspire peers to complete their chores on time. ☐ Assist peers in completing their chores as needed. ☐ Assist peers in locating the necessary items to complete their chores. ☐ Remind peers to initial chore sheet when chore is complete. ☐ Take chore list to staff and have them sign off that you and your peers have completed all chores.		
	Morning Kitchen: □ Prepare breakfast and lunch. □ Clean the microwave. □ Empty the trash cans and wipe the lids. □ Do the dishes and put them away by 9:30 A. M. and 1:30 P. M. □ Clean the food bar after meals. □ Make sure the ovens have new aluminum foil lining. □ Wash the coffee pots and clean the coffee station. □ Clean the sinks. □ Wipe down the kitchen cabinets inside and out. □ Wash the outsides of the refrigerator, dishwasher, and stoves. □ 9:30 A. M. check-up complete □ 1:30 P. M. check-up complete		
	Evening Kitchen: ☐ Prepare dinner. ☐ Do the dishes and put them away by 6:30 P. M. and 9:30 P. M. ☐ Before curfew, take out the trash from the kitchen. ☐ Wipe the trash can lids. ☐ Clean the food bar after meals. ☐ 6:30 P. M. check-up complete ☐ 9:30 P. M. check-up complete		
	Refrigerator and Freezer (each Tuesday): □ Clean out the fridge and freezer. □ Clean out leftovers. □ Check expiration dates. □ Wash the interior shelves and door storage area. □ Wash the exterior sides and top. □ Make sure all leftovers have a date on them.		
	Dining Room: ☐ Wipe off the tables and chairs. ☐ Sweep then mop the floor. ☐ Make fresh coffee all day. ☐ Wash and clean the coffee station.		
	Laundry Room and Hallway B: ☐ Wipe off the washer and dryer. ☐ Clean the dryer lint traps. ☐ Sweep then mop the floors in the laundry room and in Hallway B.		
Stepworks, LLC	Front Entry and Lobby: □ Clean the glass windows. □ Empty the garbage can. □ Sweep, mop, and dust. □ Vacuum the rug. □ Wash the glass doors. □ Wipe off the furniture.		

Outside Grounds and Smoking Area: ☐ Empty all of the ashtrays. ☐ Sweep the concrete walkways. ☐ Wipe off the tables and chairs. ☐ Pick up any litter.	
Meditation Room and Hallway A: ☐ Wipe out all of the window sills. ☐ Wash the windows. ☐ Vacuum the carpets. ☐ Clean the mirrors. ☐ Wipe off the makeup counter.	
Restrooms: ☐ Sweep then mop the floor. ☐ Clean the mirrors. ☐ Clean the shower area. ☐ Clean the sink area (including the faucet and basin). ☐ Clean the toilets (outside, inside the bowl, the lid, and around the lid). ☐ Dust the pictures. ☐ Empty and wash the trash can. ☐ Make sure the toilet paper, paper products, and soap are refilled.	
Living Room and Main Hallway: □ Dust all of the furniture. □ Dust the television. □ Vacuum the carpet. □ Wipe down all of the lamps. □ Clean the light switches. □ Wash the windows. □ Sweep then mop the Main Hallway.	
Supply Closet: ☐ Restock closet. ☐ Sweep then mop the floor. ☐ Organize all of the supplies. ☐ Hang up the brooms and Swiffers.	
Meeting Chair: ☐ Before each group, check the area for cleanliness. ☐ Arrange the chairs. ☐ Chair (lead) each group. ☐ Clean up after each meeting.	
Pet Care: ☐ Feed the dog around 8:00 A. M. and 8:00 P. M. ☐ Before taking him outside, make sure he is on a leash. ☐ Take him out to use the bathroom every smoke break and after he eats. ☐ Pick up and dispose of the poop.	
Group Room and Therapist Hallway: ☐ Keep this area clean throughout the day. ☐ Vacuum the rug. ☐ Dust all of the chairs. ☐ Dust the television. ☐ Clean the glass door. ☐ Sweep then mop the floor for both group room and hallway.	