

Home Chore Sheet



Resident Name	House Chores	Resident Initial	Team Member Initial
	<p>Kitchen and Dining Area: Keep the counters, oven, stovetop, refrigerator, microwave, and cabinets clean. Make sure the area around the sink is dry and no dirty dishes are being left in the sink. Take the garbage out whenever it starts to get full. Once a week: Throw out any food from the refrigerator that is one week old.</p>		
	<p>Living Room: Sweep and mop the entryway inside the apartment. Vacuum all of the carpets. Sweep and mop the floors (make sure to get under the furniture). Wipe off all of the furniture. Wipe down all of the doors and door knobs. Once a week: Clean the window sills and windows.</p>		
	<p>Bathrooms: Clean the mirrors, sinks, and toilets. Sweep and mop the floors. Empty the trash. Make sure the toilet paper and soap are refilled. Once a week: Wipe down the washer and dryer and clean the dryer lint traps.</p>		
	<p>Outside Space: Empty the ashtrays. Sweep the concrete sidewalks (front and back). Pick up any litter including cigarette butts. Once a week: Wash exterior windows (on the first level).</p>		
Meeting Chairperson			
	<p>Tuesday AA Meeting: Lead the meeting using the provided guide.</p>		
	<p>Thursday NA Meeting: Lead the meeting using the provided guide.</p>		
Individual Chores			
<p>Clean up after yourself after using the kitchen, bathroom, living room, laundry, or smoking.</p>			
<p>Wash your own dishes after you cook or eat.</p>			
<p>Make your bed every day.</p>			
<p>Keep your clothes tidy in the provided closet and drawers.</p>			