



# First-Aid Kit Supplies

**Inspect monthly to ensure nothing is expired and all used items are restocked.**

- 1 six-inch glow stick (light stick)
- 1 compass
- 1 rescue whistle
- 1 ice pack (instant cold pack)
- 1 cooling fever pouch
- 1 emergency mylar thermal blanket
- 1 sturdy scissors
- 1 metal tweezers
- 1 sewing Kit
- 6 safety pins
- 1 pencil
- 1 notepad
- 1 instruction manual

## Cleaning and Treatment

- 2 first-aid dressings
- 10 antiseptic wipes
- 10 alcohol wipes
- 3 soap wipes
- 6 sterile non-woven swabs
- 20 cotton swabs

## Wound Treatment

- 2 trauma pads
- 3 eye pads
- 1 first-aid tape roll
- 20 bandage/adhesive plasters (0.5" x 2")
- 20 bandage/adhesive plasters (1" x 3")
- 20 bandage/adhesive plasters (1" x 3" in blue color for kids)

## Protection

- 2 CPR masks
- 2 pairs of PVC gloves
- 3 non-woven face masks
- 1 triangle bandage
- 20 butterfly bandages
- 2 PBT bandages (2" x 177")
- 2 PBT bandages (3" x 177")

## Extra Contents of Mini First-Aid Pouch:

- 1 first-aid pouch (5" x 4")
- 10 adhesive plasters
- 10 cotton swabs
- 2 antiseptic wipes
- 2 safety pins