

Male Chore List

Please complete all chores by 8:00 A. M. or as scheduled.

 $Please\ initial\ below\ after\ you\ complete\ the\ chore.\ For\ all-day\ chores,\ please\ initial\ below\ to\ acknowledge\ your\ responsibility.$

You may be assigned more than one chore. If it's your chore, it's your responsibility all day.

Patient	Chore	Patient Initial	Staff Initial
	Morning Kitchen: ☐ Make fresh coffee until 1:30 P. M. ☐ Clean the microwave. ☐ Empty the trash cans and wipe the lids. ☐ Do the dishes and put them away by 9:30 A. M. and 1:30 P. M. ☐ Clean the food bar after meals. ☐ Make sure the ovens have new aluminum foil lining. ☐ Wash the coffee pots and clean the coffee station. ☐ Clean the sinks. ☐ Wipe down the kitchen cabinets inside and out. ☐ Wash the outsides of the refrigerator, dishwasher, and stoves. ☐ 9:30 A. M. check-up complete ☐ 1:30 P. M. check-up complete		
	Evening Kitchen: □ Do the dishes and put them away by 6:30 P. M. and 9:30 P. M. □ Before curfew, take out the trash from the kitchen and the restroom. □ Wipe the trash can lids. □ Clean the food bar after meals. □ 6:30 P. M. check-up complete □ 9:30 P. M. check-up complete		
	Refrigerator and Freezer: □ Clean out the fridge and freezer. □ Clean out leftovers. □ Check expiration dates. □ Wash the interior shelves and door storage area. □ Wash the exterior sides and top. □ Make sure all leftovers have a date on them.		
	Dining Room: □ Wipe off the tables and chairs. □ Sweep then mop the floor.		
	Laundry Room: □ Wipe off the washer and dryer. □ Clean the dryer lint traps. □ Sweep then mop the floor.		
	Common Area: ☐ Keep this area clean throughout the day. ☐ Clean the tables. ☐ Vacuum the rugs, including the Stepworks team member entrance. ☐ Sweep then mop the main hallway. ☐ Fridays only: water the indoor plants.		
	Common Restrooms: ☐ Ask for and wear gloves. ☐ Sweep then mop the floor (especially around the toilet). ☐ Clean the toilet (outside, inside the bowl, the lid, and around the lid). ☐ Wash the sink area (including the faucet and basin). ☐ Clean the mirror. ☐ Make sure the toilet paper and soap are refilled. ☐ Empty the trash can.		
	Front Entry and Lobby: □ Sweep the entryway and sidewalks. □ Empty the outdoor ashtrays. □ Empty the garbage cans. □ Sweep, mop and dust. □ Vacuum the rug. □ Wash the glass doors. □ Wipe off the furniture.		

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Courtyard: □ Empty all of the ashtrays. □ Sweep the concrete walkways. □ Wipe off the tables and chairs. □ Pick up any litter. □ Empty all of the trash cans.	
Entire Facility Trash: ☐ Check for trash throughout the day (you must complete this chore during daylight hours). ☐ Ask for and wear gloves. ☐ Collect the trash created by other chores. ☐ Collect trash from the Stepworks team member areas; please ask a Stepworks team member to accompany you.	
Group Room Area: ☐ Keep this area clean throughout the day. ☐ Clean the tables. ☐ Vacuum the rug. ☐ Sweep then mop the floor.	
Male Dorm Sleeping Area 1: ☐ Wipe out all of the window sills. ☐ Wash the windows. ☐ Vacuum the carpets. ☐ Clean the mirrors. ☐ Wipe off the makeup counter. ☐ Dust all of the bedside tables.	
Male Dorm Restrooms 1: ☐ Sweep then mop the floor. ☐ Clean the mirrors. ☐ Clean the shower area. ☐ Clean the sink area (including the faucet and basin). ☐ Clean the toilets (outside, inside the bowl, the lid, and around the lid). ☐ Dust the pictures. ☐ Empty and wash the trash can. ☐ Make sure the toilet paper, paper products, and soap are refilled.	
Male Living Room 1: □ Dust all of the furniture. □ Dust the television. □ Vacuum the carpet. □ Wipe down all of the lamps. □ Clean the light switches. □ Wash the windows.	
Male Dorm Sleeping Area 2: □ Wipe out all of the window sills. □ Wash the windows. □ Vacuum the carpets. □ Dust all of the bedside tables.	
Male Dorm Restrooms 2: ☐ Sweep then mop the floor. ☐ Clean the mirrors. ☐ Clean the shower area. ☐ Clean the sink area (including the faucet and basin). ☐ Clean the toilets (outside, inside the bowl, the lid, and around the lid). ☐ Dust the pictures. ☐ Empty and wash the trash can. ☐ Make sure the toilet paper, paper products, and soap are refilled.	
Male Living Room 2: □ Dust all of the furniture. □ Dust the television. □ Vacuum the carpet. □ Wipe down all of the lamps. □ Clean the light switches. □ Wash the windows.	
Stepworks Team Member Lounge (clean after 7:30 A. M.): □ Take out the trash. □ Wipe down the tables. □ Sweep or Swiffer the floor.	
Janitor's Closet: ☐ Sweep then mop the floor. ☐ Organize all of the supplies. ☐ Hang up the brooms and Swiffers.	
12-Step, NA, and AA Meeting Set-Up: □ Check the area for cleanliness. □ Arrange the chairs. □ Clean up after the meeting.	