



Against Medical Advice Information

PLEASE READ!

There are some important things to understand about returning to substance use, including alcohol, after even a brief period of sobriety. It is **VERY IMPORTANT** that you understand that, if you decide to return to substance use, your tolerance for substances is lower than it was even a few days ago. This means that:

You cannot use the same amounts or quantities of substances without the real risk of overdose and death.

Recent detox or extended days without using can reset your tolerance for your drug of choice. This means that if you shoot/ drink/ snort the same amount that you were using before you entered rehab, you could **OVERDOSE** and **DIE**.

Narcan can reverse the effects of a narcotic overdose and is now available from pharmacies without a prescription. If you abuse narcotics/opiates **YOU SHOULD HAVE NARCAN** on hand in case of an unintended overdose. However, remember that Narcan cannot help you if you are using alone. It has to be administered by someone else, since an overdose would leave you incapacitated.

I have read and understood the foregoing information about how my tolerance is lower than before and how returning to substance use, especially at my previous levels of use, could cause me to overdose.

Patient signature

Date

Staff signature

Date



Patient was given notice but refused to sign